

## AQ-10 for young people aged 12-15 | Autism Research Centre

The AQ-10 helps indicate whether someone should be referred for an autism assessment. This version is for parents or carers to complete about young person aged 12 - 15 with suspected autism who does not have a learning disability.

|    | Please tick one option per question only   | Definitely agree | Slightly agree | Slightly disagree | Definitely disagree |
|----|--|------------------|----------------|-------------------|---------------------|
| 1  | S/he notices patterns in things all the time   |                  |                |                   |                     |
| 2  | S/he usually concentrates more on the whole picture, rather than the small details               |                  |                |                   |                     |
| 3  | In a social group, s/he can easily keep track of several different people's conversations        |                  |                |                   |                     |
| 4  | If there is an interruption, s/he can switch back to what s/he was doing very quickly            |                  |                |                   |                     |
| 5  | S/he frequently finds that s/he doesn't know how to keep a conversation going                    |                  |                |                   |                     |
| 6  | S/he is good at social chit-chat   |                  |                |                   |                     |
| 7  | When s/he was younger, s/he used to enjoy playing games involving pretending with other children |                  |                |                   |                     |
| 8  | S/he finds it difficult to imagine what it would be like to be someone else                      |                  |                |                   |                     |
| 9  | S/he finds social situations easy  |                  |                |                   |                     |
| 10 | S/he finds it hard to make new friends   |                  |                |                   |                     |

### Scoring guidance

Only one point can be scored for each question.

- Score one point for "definitely" or "slightly agree" on questions 1, 5, 8 and 10
- Score one point for "definitely" or "slightly disagree" on questions 2, 3, 4, 6, 7 and 9

If the young person scores six or above, consider referring them for an autism assessment.

Please note that a diagnosis cannot be determined solely by a single score from this questionnaire. A formal diagnosis can only be made after a clinical assessment conducted by a trained professional.

*This test was created by the Autism Research Centre- University of Cambridge*

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