

Neurodevelopmental assessment options

If you are considering an ADHD or autism assessment for a child in your care, you may be able to access support privately or through the NHS.

Assessment ages at a glance

Private ADHD assessment

6+
years

Private autism assessment

3+
yearsNHS Right to Choose
ADHD and autism assessments**5+**
years

Support you can trust

120,000+patients supported in
the last year**750+**specialist clinicians in
our networkWorking with the
NHS since**2017****4.7 out of 5**

Trustpilot rating

Providing specialist
care since**2011**CQC registered and
rated **Good**

Whichever route you are considering, our aim is to help you understand the available options and feel clear about the next step for your child.

This was a really positive experience for me and my child. The lady we spoke to for the assessment was great, really patient and made my son feel very comfortable and confident.

Kate, parent review, Trustpilot

Why families choose Clinical Partners

Our clinical team includes consultant psychiatrists, paediatricians, psychologists and therapists with experience across ADHD, autism and wider mental health needs. This breadth of expertise helps us consider whether an assessment is appropriate, explain what the process involves and provide recommendations for what may be helpful afterwards.

More than assessment

Children's needs do not always fit neatly into one diagnosis. A child seeking an ADHD or autism assessment may also be experiencing anxiety, low mood, sleep difficulties or other mental health needs.

Where further help is recommended, we can discuss clinically appropriate options that may include psychiatry, psychology, talking therapies, ADHD medication support, coaching, parent support or other ongoing care.

This means families can receive recommendations that consider the child more broadly, rather than focusing only on whether an ADHD or autism diagnosis is confirmed.

**“Professional and understanding. Every person we spoke to was lovely.
The whole experience was as stress-free and clear as it could be.”**

Gemma, parent review, Trustpilot

Your options

Private assessment

You do not need a GP referral for a private assessment.

Private care may suit families who would like to explore assessment without going through an NHS referral pathway. Appointments are often available in as little as two weeks, although availability can vary by assessment type, location and whether the appointment is online or face to face.

Telephone: **0203 761 7029**

Email: help@clinical-partners.co.uk

[Request a call back](#)

NHS Right to Choose

If your child is registered with a GP in England and a referral is clinically appropriate, you can ask the GP to refer your child to an eligible provider under NHS Right to Choose.

For the latest information about available services, referral requirements, waiting times and local updates, visit the [Clinical Partners NHS Right to Choose information pages](#).

Email: rtc@clinical-partners.co.uk

Not sure which route to explore?

You do not need to make every decision at once. Our team can explain the services available through Clinical Partners, while your child's GP can advise whether an NHS referral is clinically appropriate.

Visit for more information: www.clinical-partners.co.uk